

# **Juego Todo Minors (12–17 Years Old) Official Rules & Equipment Guidelines**

---

## **I. GENERAL EQUIPMENT REQUIREMENTS (ALL FIGHTERS) - Rounds 1 and 2**

- Head Gear (Grilled) – Preferably XS or Small
- MMA Gloves – Red and Blue
- Groin Guard – Mandatory for all male and female fighters
- Hand Wraps – Mandatory for all fighters
- MMA Shorts Only – Only MMA shorts or compression shorts are permitted
- Breast Plate – Mandatory for all fighters
- Rash Guard or Sports Bra – Mandatory for all female fighters
- Arm Guard – Mandatory for all fighters
- Shin Guard – Mandatory for all fighters

## **GENERAL EQUIPMENT REQUIREMENTS (ALL FIGHTERS) - Round 3 Mano y Mano**

- Head Gear (Boxing) – Preferably XS or Small
- MMA Gloves – Red and Blue
- Groin Guard – Mandatory for all male and female fighters
- Hand Wraps – Mandatory for all fighters
- Mouth Guard – Mandatory for all fighters in Round 3
- MMA Shorts Only – Only MMA shorts or compression shorts are permitted
- Breast Plate – Mandatory for all fighters
- Rash Guard or Sports Bra – Mandatory for all female fighters
- Arm Guard – Mandatory for all fighters
- Shin Guard – Mandatory for all fighters

## **II. CATEGORIES OF COMPETITION**

- Doble Baston – Two-stick category
- Solo Baston – One-stick category with limited hand strikes
- Mano y Mano – Full-contact with FMA and BJJ integration

## **III. AMATEUR EQUIPMENT REQUIREMENTS BY CATEGORY**

- Doble Baston & Solo Baston: Headgear with grills + breastplate + arm guard + shin guard + groin guard required
- Mano y Mano: Boxing headgear + arm guard + shin guards + mouth guard + groin guard required

#### **IV. OFFICIAL BOUT DURATION**

- Three (3) rounds
- Each round is two (2) minutes
- One (1) minute rest period between rounds

#### **V. DOBLE BASTON – Round 1**

- Allowed: Kicks and knee strikes to the body
- Allowed: Takedowns and sweeps
- Allowed: Stick disarms
- Not Allowed: Punches and elbows
- Not Allowed: Kicks, knees, or elbows to the head
- Not Allowed: Oblique kicks
- Not Allowed: Striking with the butt end of the stick
- Not Allowed: Thrusting strikes
- Not Allowed: Stick chokes
- Not Allowed: Strikes to the back of the head or spine
- Not Allowed: Ground and pound
- Not Allowed: Suplexes
- Not Allowed: Submissions

#### **Round 2 – Solo Baston**

- Allowed: Kicks and knee strikes to the body
- Allowed: Takedowns and sweeps
- Allowed: Stick disarms
- Allowed: Elbows to the body
- Allowed: Punches
- Allowed: Stick chokes
- Allowed: Standing submissions
- Allowed: Switching the stick between hands
- Not Allowed: Kicks, knees, punches, or elbows to the head
- Not Allowed: Oblique kicks
- Not Allowed: Striking with the butt end of the stick
- Not Allowed: Thrusting strikes

- Not Allowed: Strikes to the back of the head or spine
- Not Allowed: Ground and pound
- Not Allowed: Suplexes
- Not Allowed: BJJ submissions

## **VI. SOLO BASTON**

- Fighters shall use one (1) Arnis stick
- The free hand may be used for punches and elbows only while holding the stick
- Bouts are scored using the 10-point must system
- Allowed: Punches and elbows to the body (while holding the stick)
- Allowed: Kicks and knees to the body
- Allowed: Takedowns and sweeps
- Allowed: Stick disarms and stick chokes
- Allowed: Standing submissions
- Allowed: Switching the stick between hands
- Not Allowed: Punches and elbows if the stick is lost
- Not Allowed: Kicks, knees, or elbows to the head
- Not Allowed: Rabbit punches
- Not Allowed: Oblique kicks
- Not Allowed: Striking with the butt end of the stick
- Not Allowed: Thrusting strikes
- Not Allowed: Strikes to the back of the head or spine
- Not Allowed: Ground submissions
- Not Allowed: Suplexes
- Not Allowed: Jumping takedowns with excessive force

## **VII. MANO Y MANO**

- Full-contact integrating Filipino Martial Arts (FMA) and Brazilian Jiu-Jitsu (BJJ)
- Allowed: Punches and kicks to the head and body
- Allowed: Elbows and knees to the body
- Allowed: Takedowns and sweeps
- Allowed: FMA & BJJ submissions
- Not Allowed: Elbows or knees to the head
- Not Allowed: Groin attacks
- Not Allowed: Oblique kicks
- Not Allowed: Rabbit punches
- Not Allowed: Strikes to the back of the head or spine

- Not Allowed: Headbutts
- Not Allowed: Eye gouging
- Not Allowed: Fish hooking
- Not Allowed: Biting
- Not Allowed: Spitting
- Not Allowed: Hair pulling
- Not Allowed: Throat strikes or grabs
- Not Allowed: Small joint manipulation
- Not Allowed: Holding shorts or gloves
- Not Allowed: Holding or grabbing the cage fence with toes or fingers
- Not Allowed: Knees to the head of a grounded opponent
- Not Allowed: Pinching, twisting, or clawing the flesh
- Not Allowed: Up kicks
- Not Allowed: Heel hook submissions
- Not Allowed: Pile driving
- Not Allowed: 12–6 elbow strikes
- Not Allowed: Soccer kicks on a grounded opponent
- Not Allowed: Spiking an opponent onto the head or neck
- Not Allowed: Stomping on a grounded fighter
- Not Allowed: Inserting fingers into any orifice, cut, or laceration
- Not Allowed: Suplexes
- Not Allowed: Jumping takedowns with excessive force

## **5.0 FIGHTERS 17 YEARS OLD AND BELOW (12 years old)**

- No strikes to the head are permitted

## **VIII. COMPLIANCE**

- Failure to comply may result in point deductions
- Disqualification
- Removal from the event
- If a No Contest occurs (1 fighter cannot continue beyond half of the second round), judges will determine the winner via scorecards